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1 A page from the comprehensive Sands and McDougall Directory of South Australia. 2 The entrance to the CPS supermarket on Goodwood Rd at Goodwood in 1960.

3 High fashion - star Woodville footballer and onetime bank employee Malcolm Blight with thenfiancee Patsy in 1973, the year after he won the Magarey Medal as the best and fairest player in the SANFL competition.

4 High street makeover - work is under way in 1970 to widen Woodville Rd. Viewed from Port Rd, at left foreground is the St Margaret's Church of England. 5 Joyrene Frock Salon founder Delma Schmitt with host Lionel Williams during a television advertising

6 Goodwood Primary School children use the pressbutton traffic lights which came into operation on Goodwood Road, in front of the school, in 1958.

7 Terry and Nick Pappas serve up some freshlycooked delicacies from the ever-popular Woodville

8 The exterior of the Goodwood Star Theatre in 1941.

day often starting before 3am

at the East End Market, where

five tons of fresh produce was

crammed on to their four-ton

truck. One exception were the

artichokes that came from the

Italian market gardens in

nearby Findon. Their chief

competitor at that time was

1970, the Pappas brothers sold

St Margaret's Anglican

Church kindergarten (listed at number 45) was used for both

Sunday school and Scout hall

seems to have weathered the

Today visitors can visit the

'lychgate", built as a memorial

to those who died or served in

World War I and in 1961

moving to the front of the

widening of Woodville Rd.

Inside the church stands a

glorious stained glass window

- created in recognition of St

Cecilia, the patron saint of

church to allow for the

meetings. Much like the

passing of time.

directory itself, the church

Tom the Cheap grocer. In

a bunch of carrots for the

bargain price of two cents.

Love is love, at any age



DECEMBER 9, 2017 was an historic day for equal rights and inclusion in Australia.

With the legalisation of Marriage Equality, the human right to marry in this country was focused on whom the person loved. It was a move that the Australian people publicly voted on that spoke of a modern Australia which is inclusive and fair.

While we have come a long way, the topic of diverse sexualities and gender identities can often be difficult in later life. There may be hesitancy and reluctance for older people to talk about the subject and, in some instances, their own families might not be aware of their relative's sexual orientation.



The trauma carried by members of the LGBTIQA+ community can often be significant. Some may have experienced violence, isolation, and stigma throughout their lives simply because of who they are and who they love.

Within the aged care sector, this is an area of service delivery where there is more work to be done.

Everyone has a right to feel safe, supported, and able to be themselves in their own home, including in residential aged care. By building knowledge and skills in inclusive practice, we can go further in recognising and appreciating diversity in all its shapes and forms.

The Silver Rainbow Project is one initiative working to improve the experiences of LGBTIQA+ people within the aged care system while also celebrating their lives and contributions.

Bfriend, a program of Uniting Communities can also offer LGBTIQA+ peer support and assist with community connections for older members of South Australia.

We can all do more to ensure we provide a safe and inclusive environment for everyone – regardless of race, age, gender, sexuality. diversity, or appearance. This is the same for older people, who should feel comfortable to be who they are authentically and love as they choose.

After all, as the Beatles sang: "All you need is love, love is all vou need".

Mel Ottaway is Uniting Communities' executive manager, services for older people.

glory days of our high streets

Goodwood Star. If all this a bit daunting, choosing something familiar is a recommended way to begin.

With this in mind, I selected Woodville Rd between the Woodville Railway Station and St Margaret's Anglican Church on the corner of Port and Woodville roads.

Even a glance through the 1955 directory highlights a rich diversity of shops, stops, private homes and local businesses. These included banks, grocery stores (a bag of broken biscuits from the bottom of the tin selling for sixpence), a dry cleaner, a menswear store, frock shop, post office, access to the nearby Presbyterian Church and – at number 72 – the home of Sir Robert Nicholls MP.

I recall that just a stone's throw from the station worked "Mr Mozart the chemist", a gentlemen so nicknamed for his attire and wild hair.

While nearby at number 66, Mr King the dentist was a kindly soul who had a fearsome reputation for removing wonky teeth.

In shop 79A was C.W. Foskett, the jeweller. In his gleaming shop, clocks of every size and description ticked and chimed, surpassed only in a visiting youngster's eyes by the small painted birds that jumped out of tiny wooden doors and cried: "Cuckoo".

At number 65 stood the Savings Bank of South



football legend Malcolm Blight was to be employed.

While, near the bus stop, at shop number 79 was Genevieve Flocks. The shop was formerly at number 82, but following the short move up Woodville Rd was eventually rebadged as Joyrene Frock

Salon. Readers might recall the store's founder, Delma Schmitt, chatting with well-known TV presenter Lionel Williams. Later on her daughter,

Heather, modelled ladies' fashions and chatted with Jaye

show A Touch of Elegance. Another person worth a mention was Arthur Hawke the hairdresser at number 64A. If the name sounds familiar, that's because he was related to our then future Prime Minister, Bob Hawke, as well as champion

footballer and cricketer. Neil Even a glance through the 1955 directory highlights a rich diversity of shops

Hawke. Woodville Rd during the 1950s also mirrored the changing face of Adelaide.

With the town hall flicks proving popular, the Pappas family saw an opportunity to set up

Woodville Fish Shop across strong today with its current tenants.

It soon became a multicultural melting pot. And at any time, a queue might have included Port Adelaide footballer Neville "Chicken" Hayes, renowned local footy stars Russell Ebert and Blight, future Woodville and Crows chairman, Bill Sanders, radio DJ "Big Bob" Francis and perhaps last but not least – dear old Miss Lena Swann. Lena was a well-known local identity and had a standing order of two garfish and a few chips.

In their nearby fruit and veg shop, at 59C Woodville Rd, Jim and Nick Pappas

the road; the shop is still going

With ongoing attention by local councils, maybe the days of the grand high street are not completely behind us. And as for the timehonoured Sands and McDougall Directory ... who knows? With family histories and alike growing in popularity, maybe that too will

get a new lease on life. Rob Skewes is a retired primary school teacher and local history author.

Australian, where, in time, SA worked long hours, with their Walton during the latter's TV the Pappas Brothers

stops, private

homes and local businesses ...

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