

SERVICE MODEL OVERVIEW

ESSENTIAL THEORIES

PRACTICES

Narative Therapy Safety and reunification

- Prioritise safety
- Require consent
- Support informed choice
- Demonstrate care

pdolescent development

Wellbeing and healing

- Create a therapeutic environment
 - Live on a budget
 - Eat healthily
 - Value meaningful activity
 - Mark rites of passage
 - Use restorative practice

ESSENTIAL PRINCIPLES

- Prioritise safety & wellbeing
 - Value living with family
- Work with all family members
- Engage with family complexities
 - Support respectful, trusting and open communication
 - Develop families' networks and connections

KEYPRACTICES

Working with a family

- Respond to initial conversations with care
- Set up the program clearly Counselling
- Case management Case work Family dinners
 - Community consultation nights
 - Reflective incident reporting
 - Supervision Team meetings

Attachment theory

Trauma-informed service delivery



Strengths-based approach