ARE YOU WORRIED ABOUT YOUR DRUG AND ALCOHOL USE? ARE YOU CONCERED THAT IT IS AFFECTING YOUR HEALTH, RELATIONSHIPS OR CHILDREN?

Would you like to take some practical steps to change your drug and alcohol use?

New ROADS (Residential and Out-Client Alcohol and Drug Service) offers a range of services, including residential rehabilitation and counselling, for people whose use of drugs and/or alcohol is causing problems in their lives.

Treatment options are designed to assist with your physical and mental health, as well as your connections to the community through various activities. Our services can support families and individuals, including ex-service people.

In addition, our counsellors can support you with issues such as stable housing; legal matters; financial/debt problems; education, volunteering and employment; family issues and relationships; and connecting to other relevant services.
History
Uniting Communities has been providing alcohol and other drug services since 1930. We were founding members of the Australasian Therapeutic Communities Association (ATCA) in the 1970s and operated the Kuitpo Therapeutic Community until 2012. New ROADS now offers a specialist drug and alcohol treatment service, providing support to thousands of South Australians and their families.

What to expect from New ROADS
Our New ROADS professionals will work with you to:
• assess your health, family, relationship needs and provide practical support to help you make important changes in your life
• assess your housing needs and make referrals to housing services if you need them
• provide case management which will support you to deal with issues that can make drug or alcohol use worse.

Our programs offer structured support by providing counselling, groups and activities in an environment which supports healthy changes. Participants can develop and commit to their own goals for recovery, which are regularly reviewed with staff. You are also encouraged to connect with supportive networks and activities in the wider community to support your progress.

Our Services
We provide a range of programs to suit your individual needs, including:

Residential Program
A community-based drug and alcohol rehabilitation program in the metropolitan area for adults aged 21 and over.
Residents live in shared houses as they work on their personalised treatment plans, and receive a full therapeutic group program and individual counselling weekly. The program is based on a 5-month stay, but this is flexible.

Counselling
Counselling is for people – and their families and/ or support people – who are experiencing problems with alcohol or other drugs. Services are available in Adelaide, Smithfield and Christies Beach. The program provides individual and group counselling support for people who are seeking help with substance misuse issues.

Family Program
This community-based rehabilitation program is for parents with accompanying children and/or women who are pregnant. The Residential Family Program offers accommodation in either the southern or northern suburbs of Adelaide. The program is based on a 5-month stay, but this is flexible.

JumpStart
A 12-week program of intensive drug and alcohol treatment that provides the structure of residential treatment, for those who have their own accommodation.

Northern Connect service
If you are having problems with substance misuse or your mental health, the Northern Connect Service may be able to support you to treat both issues at the same time.

Southern drop-in service
The drop-in service provides a range of drug and alcohol treatment services from our office at Christies Beach, with information sessions held twice a week.

Our Counsellors and Case Managers
New ROADS Counsellors/Case Managers will welcome you with a warm, genuine and non-judgmental attitude. They are also highly experienced and all of them have professional qualifications in Psychology, Social Work, Drug and Alcohol Counselling or Social Science. All New ROADS professionals are provided with ongoing supervision, support and training that updates them on best practice in the drug and alcohol field.

Support for Aboriginal and Torres Strait Islander People
New ROADS is committed to working with Aboriginal and Torres Strait Islander people and agencies to ensure that they are able to access treatment which is culturally safe. New ROADS has well-developed links with agencies across the state and works closely with our sister service, Aboriginal Community Connect, to support people to make changes in the way they use alcohol and/or other drugs.

New ROADS also provides the following services:
• Clean Needle Program
• Legal clinic

For more information, please call New ROADS on 08 8202 5690 or email NewROADSEnquiries@unitingcommunities.org
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