



# Menu

**Order by**

3pm Friday 11th September

**Delivery date**

Tuesday 15th September

## Lunch | Dinner | Dessert

### LUNCH

Potato and parsnip soup  
Slow baked sausage with egg and spinach frittata  
Spaghetti carbonara with bacon

### DINNER

Chicken breast with seasonal vegetables  
Lamb Tagine and fruity cous cous  
Grilled beef rump with garlic mash

### DESSERT

Chocolate cake  
Butterscotch self saucing pudding  
Vanilla pannacotta

**Order by**

3pm Tuesday 15th September

**Delivery date**

Friday 18th September

## Lunch | Dinner | Dessert

### LUNCH

Cream of chicken soup  
Cheese, avocado, bacon and corn quesadilla with tomato salsa  
Potato gnocchi in tomato sauce

### DINNER

Roast lamb leg and roast vegetables  
Chicken Cacciatore and penne pasta  
Pulled pork with stir-fried vegetables

### DESSERT

Banana and passionfruit cake  
Apricot Danishes  
Tiramisu

Call 8202 5803 or email  
[mealorders@unitingcommunities.org](mailto:mealorders@unitingcommunities.org)  
Dietary menu available on request.

